

The American Chiropractic FORUM (ACF) Bodensee

The American Chiropractic Forum Bodensee (ACF) was founded in 2017 in Lindau (B) by Wolfgang Sieber and Markus Schnitzer. The goal of the ACF is to provide therapists access to the treatment spectrum of the American Chiropractic and to spread the methods for patients and practitioners in the German-speaking area.

Wolfgang Sieber, DC *(pictured bottom right)*

Wolfgang Sieber, DC, HP graduated in 2004 as Doctor of Chiropractic (DC) from Life University, Marietta, Georgia, USA. Major fields of studies: Thompson, SOT, Activator, Cox Flexion & Distraction. He holds a certificate in radiology from Life University. Board exams in Chiropractic and Physiotherapy by NBCE (National Board of Chiropractic Examiners). Own practice in Florida and Metro Detroit until 2008. 2009 founding and management of American Chiropractic Bodensee in Lindau.

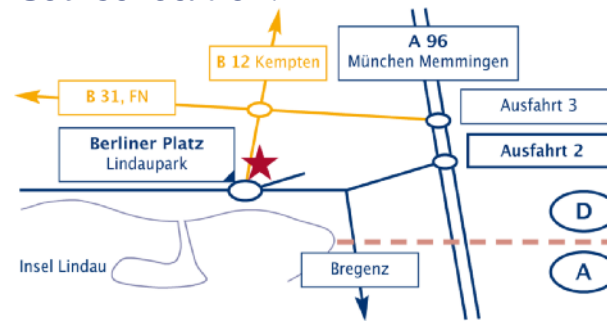
Markus Schnitzer, PhD *(pictured bottom left)*

Markus Schnitzer, PhD, study of sports sciences and Health Management in Innsbruck, at the German Sports University Cologne and Bratislava. Since 2014 Heilpraktiker with focus on American chiropractic and osteopathy. Training in Thompson Techniques, Full Spine Techniques, Spinology, DNFT, Activator Technique, SOT. Since 2018 management ACF Bodensee.

Registration:

www.americanchiropracticbodensee.de/seminare

Course location:

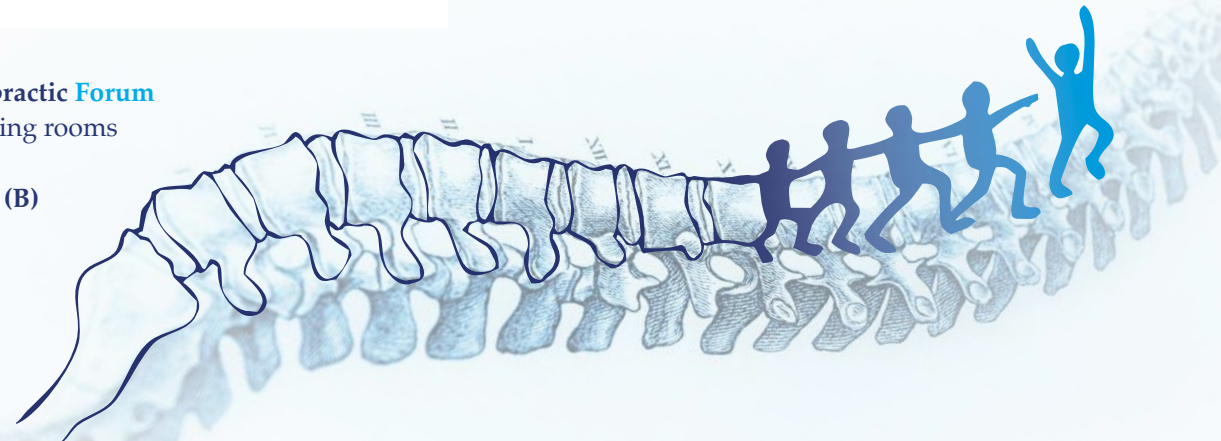


ACF Bodensee
American Chiropractic Forum
Practice and training rooms
Kemptener Str. 8
D - 88131 Lindau (B)

Original American Chiropractic Education and Training in the

ACF Bodensee

American Chiropractic FORUM



- Modular courses in:
- Thompson Technique
 - Full-Spine Technique
 - Practice Organization

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AMERICAN CHIROPRACTIC

Specific, gentle, effective.

The American Chiropractic dates to 1895. In Davenport, Iowa, USA, D.D. Palmer opened the Palmer School of Chiropractic. This led to the development of various treatment methods using targeted and gentle techniques. The correction of malposition of the spine and extremities eliminates dysfunctions of the nervous system. The preventive approach of the American Chiropractic is primarily concerned with maintaining health and improving the function of the musculoskeletal system. The philosophy, the art of adjustment and the professional science are available to the interested practitioner within the framework of the training and further education modules of the ACF Bodensee.

MODULE 1 – THOMPSON-DROP-TABLE-TECHNIQUES

Ideal for beginners in the American Chiropractic

Special treatment tables with integrated so-called "drops" are the most common used treatment tables in the practice of the American chiropractor. A special leg length test precisely locates the joint malposition. In the right place with the right force in the right direction, the practitioner utilizes the drop segment. Supported by the patient's own weight this impulse resolves joint malposition and subluxations of the spine. These effective treatment procedures save the patient and the practitioner in equal measure.

COURSE CONTENTS:

- Introduction to the world of American Chiropractic
- The chiropractic impulse
- Examination methods, analyzing procedures, Thompson leg length test
- Treatment with "Drop Tables"
- Adjusting techniques: ilium, sacrum, lumbar spine, thoracic spine, cervical spine, occiput
- Under professional supervision, you will be taught and you will learn to apply what you have learned

COURSE STRUCTURE:

2 x 2 days basic course, 1 x 2 days integration course

COURSE TIMES:

Saturday 9.30am-6.00pm and Sunday 9am-3pm

COURSE DATES: americanchiropracticbodensee.de/seminare

MODULE 2 – FULL-SPINE-SPECIFIC-TECHNIQUE (FSST)

THE basic training of the American Chiropractic.

After the introduction to the world of the American Chiropractic, you will learn the 1 x 1 of the gentle and targeted adjustment. With so-called low-force techniques and targeted impulse techniques for the ilium, sacrum, lumbar spine, thoracic spine, and cervical spine you will be able to develop your personal competence in the art of adjusting subluxations.

COURSE CONTENTS:

- Introduction to the American Chiropractic
- The 1x1 of the gentle, specific American Chiropractic
- The chiropractic impulse
- The subluxation complex
- Detection and treatment of pelvic malposition.
- Diagnosis and treatment of the thoracic and lumbar spine
- Cervical spine:
From "Low Force Technology" to "Impulse Technology"
- Adjusting techniques for atlas, axis and occiput adjusting.
- Diagnosis and treatment of upper and lower extremities

COURSE STRUCTURE:

3 x 2 days basic course, 1 x 2 extremities,

1 x 2 days integration course

COURSE TIMES:

Saturday 9.30am-6.00pm and Sunday 9am-3pm

COURSE DATES: americanchiropracticbodensee.de/seminare

MODULE 3 – Practice Organization & Employee Training Workshop

With the experience of a local Doctor of Chiropractic you will learn to bring your practice of American Chiropractic in Germany to secure economic success. Many diverse office concepts within American Chiropractic are available in Europe. However, little is known about those. In this workshop you will find the concept that suits you best.

COURSE CONTENTS:

- Questionnaire for new patients with patient education
- Specific anamnesis of the American Chiropractic
- Legally secured, waterproof patient documentation
- Doctor's Report
- Daily routine, follow-up, administration
- Targeted employee training
- Billing with health insurance companies, accounting
- To integrate American Chiropractic into your existing health practice
- To organize the grand opening of your Chiropractic practice
- Practice concepts, marketing, display strategies
- How does my practice become a 'recommendation practice'?

COURSE STRUCTURE:

1 x 2 days

COURSE TIMES:

Saturday 9.30am-6.00pm and Sunday 9am-3pm

COURSE DATES: americanchiropracticbodensee.de/seminare

